

UK Finger Size Chart

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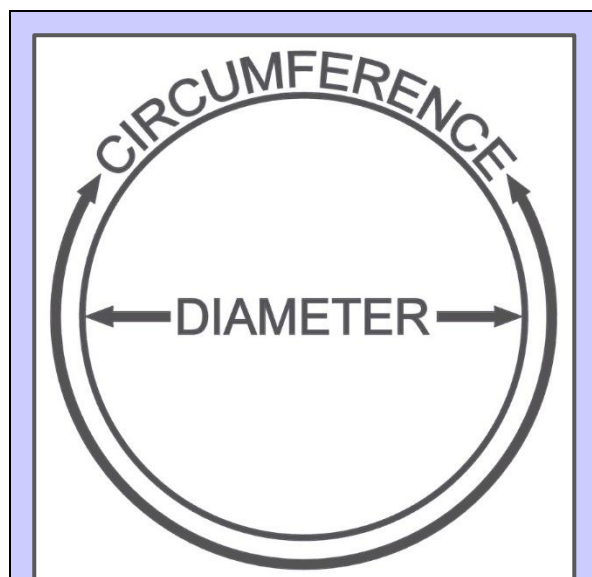
Whether you are measuring a finger size for yourself or as a gift for someone else these helpful steps should make choosing the correct size a little easier.

Measuring your finger size

1. The best way to measure your finger size is to [visit us](#) at our studio where our sales consultants will be able to accurately measure your size using a measuring gauge.
2. If visiting us in isn't a possibility, then you can [contact us](#) to request your **free ring sizer** which will allow you to measure your finger size at home.
3. To choose your correct finger size the ring should feel tight over your knuckle and sit comfortably on your finger. If possible measure your finger size 3-4 times to be sure your size is correct.
4. The best time of the day to measure your finger size is in the evening when your fingers are warm and at their largest.
5. In the morning or when they are cold finger sizes can become smaller. The weather can also have an effect.
6. Be aware that the thicker/wider the ring is the tighter it will fit. Therefore, if you choose to go for a wider ring you may need to increase your finger size by half or a full size.
7. If you require a temporary tightening solution during the winter months, [contact us](#) for further information.
8. Please don't use paper or string to measure your finger size as it can stretch and isn't very accurate.

Choosing a finger size for someone else

9. In the UK, engagement, wedding and eternity rings are typically worn on the **left hand 3rd finger** (next to your pinkie).
10. To measure an existing ring, draw around the inside of the ring on a piece of paper and measure the diameter, using our UK finger size chart you can roughly work out the finger size. Also, think about which finger she wears the existing ring on.
11. It may be a good idea to choose a slightly larger finger size if possible so that you can easily slip it onto her finger to pop the question.
12. If you can't obtain a measurement, choose 'Not sure, it's a surprise' during the ordering process, and we can send you a standard finger size between L-O (which is the national average).
13. If you're away and the ring is too big we will supply you with a temporary tightening tool to secure at the back of the ring so that she can wear it until you're able to have the ring sized properly.
14. You can also ask her friends and family to help with the sizing.



Finger Size	Diameter	Circumference		Finger Size	Diameter	Circumference
F	13.9	43.7		S	19.1	60.0
F½	14.1	44.3		S½	19.3	60.6
G	14.3	44.9		T	19.5	61.2
G½	14.5	45.6		T½	19.7	61.9
H	14.7	46.2		U	19.9	62.5
H½	14.9	46.8		U½	20.1	63.1
I	15.1	47.4		V	20.3	63.8
I½	15.3	48.1		V½	20.5	64.4
J	15.5	48.7		W	20.7	65.0
J½	15.7	49.3		W½	20.9	65.7
K	15.9	50.0		X	21.1	66.3
K½	16.1	50.6		X½	21.3	66.9
L	16.3	51.2		Y	21.5	67.5
L½	16.5	51.8		Y½	21.7	68.2
M	16.7	52.5		Z	21.9	68.8
M½	16.9	53.1		Z½	22.1	69.4
N	17.1	53.7		Z+1	22.3	70.1
N½	17.3	54.4		Z+1½	22.5	70.7
O	17.5	55.0		Z+2	22.7	71.3
O½	17.7	55.6		Z+2½	22.9	71.9
P	17.9	56.2		Z+3	23.1	72.6
P½	18.1	56.9		Z+3½	23.3	73.2
Q	18.3	57.5		Z+4	23.5	73.8
Q½	18.5	58.1		Z+4½	23.7	74.5
R	18.7	58.7		Z+5	23.9	75.1
R½	18.9	59.4		Z+5½	24.1	75.7

Contact Us for further information or to arrange a ring sizing appointment at info@sarahphillipsjewellery.co.uk